

# Trading in practise

Risk management,  
initial stop loss,  
optimum position size

## Hands-on Workshop

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1

## When investing/trading shares:-

### How to:

- Minimise our risk?  
(so we can sleep at night)
- Set the **Stop Loss** price level?  
or an *Exit Strategy* of some sort
- Estimate our **Price Target**?
- “Optimise” the **Position Size**?



***So, how can we do all this?***